



THE RECORDING ACADEMY® AND CBS PRESENT A BEHIND-THE-SCENES LOOK AT MUSIC'S BIGGEST NIGHT®, ON "INSIDE THE 68TH ANNUAL GRAMMY AWARDS®," FRIDAY, JAN. 30TH ON CBS

HOSTED BY ZANE LOWE OF "THE ZANE LOWE SHOW"

SANTA MONICA, CALIF. (JAN. 22, 2026) — Go behind the scenes of Music's Biggest Night® as the producers of the Grammy Awards® share a backstage look at the lead up to the awards, on "INSIDE THE 68TH ANNUAL GRAMMY AWARDS®," airing Fri, Jan. 30, 8-9 p.m. ET/PT, on the CBS Television Network and Paramount+.*

Hosted by renowned New Zealand DJ, producer and broadcaster Zane Lowe of "The Zane Lowe Show," this exclusive look at the lead-up to the Grammy Awards, which will air on Sun, Feb. 1, 8–11:30 p.m. live ET/5–8:30 p.m. live PT on CBS, will give viewers a unique, inside look at what to expect on Music's Biggest Night.

Nominees for this year's Grammy Awards include some of the year's biggest names in music, including Bad Bunny, Kendrick Lamar, Lady Gaga, Sabrina Carpenter, and many more. "INSIDE THE 68TH ANNUAL GRAMMY AWARDS" features exclusive interviews with Best New Artist nominees Leon Thomas and SOMBR, music legends Pharrell Williams and Reba McEntire, and the Grammy®-nominated, recently reunited hip-hop duo Clipse. The special also includes industry insiders breaking down the major categories while discussing nominated artists like Billie Eilish, Bruno Mars and others.

"INSIDE THE 68TH ANNUAL GRAMMY AWARDS" is a production of the Recording Academy® and Fulwell Entertainment. Ben Winston, Harvey Mason jr. and Eric Pankowski are executive producers. Branden Chapman is co-executive producer.

**Paramount+ Premium plan subscribers will have access to stream live via the live feed of their local CBS affiliate on the service, as well as on-demand. Paramount+ Essential subscribers will not have the option to stream live, but will have access to on-demand the day after the special airs.*

ABOUT THE RECORDING ACADEMY

The Recording Academy represents the voices of performers, songwriters, producers, engineers, and all music professionals. Dedicated to ensuring the recording arts remain a thriving part of our shared cultural heritage, the Academy honors music's history while investing in its future through the Grammy Museum®, advocates on behalf of music creators, supports music people in times of need through MusiCares®, and celebrates artistic excellence through the Grammy Awards — music's only peer-recognized accolade and highest achievement. As the world's leading society of music professionals, we work year-round to foster a more inspiring world for creators.



For more information about the Grammy Awards and the Recording Academy, please visit [Grammy](#) and [RecordingAcademy.com](#). For breaking news and exclusive content, join the Recording Academy's social communities on [Instagram](#), [YouTube](#), [TikTok](#), [Facebook](#), [LinkedIn](#), [Threads](#), and [X](#). For media assets, please visit the [Recording Academy Press Room](#).

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