



## MUSICARES® OPENS THE 2026 WELLNESS IN MUSIC SURVEY

[MusiCares®](#) asks a simple yet urgent question every year: what does it take to sustain a life in music today?

Since 2020, the has served as a critical, year-over-year temperature check on the health, financial stability and overall well-being of music professionals across the United States. Grounded in the experiences of those living it, the insights gathered don't just highlight challenges, they directly shape how MusiCares shows up for the community.

And that impact is real.

To date, MusiCares has provided more than \$135 million in assistance to music professionals. Last year alone, the organization distributed over \$17 million in support, spanning both its year-round services and disaster relief efforts. This support included mental health care, addiction recovery services, emergency financial assistance, plus resources for touring professionals and those working behind the scenes. It also provided critical relief for music people impacted by the Los Angeles wildfires and broader economic instability, helping cover immediate needs, rebuild stability and access essential care during times of crisis.

In 2025, a record of nearly 3,200 music professionals participated, offering a clearer picture of the pressures facing the industry. The findings reinforced what many already feel: financial instability, inconsistent access to health care, and the demands of touring continue to shape daily life for music people. The data also pointed to ongoing mental health challenges across the community, underscoring the need for continued, industry-specific support.

This is why participation matters.

The Wellness in Music Survey ensures that support is not built on assumptions, but on real lived experiences. It helps identify emerging needs, track progress over time and guide where resources go next.

**The 2026 survey is now open from April 6–17.**

- Open to music professionals across all roles and genres
- Available in English and Spanish
- Completely anonymous

**Help us reach every corner of the music community.**

We encourage you to share the survey widely with your audiences and networks to help ensure all parts of the music community are represented.

To access the survey in English, [click here](#).

To access the survey in Spanish, [click here](#).



To access the social media toolkit in both English and Spanish, click [here](#).

### **ABOUT MUSICARES**

MusiCares helps the humans behind music because music gives so much to the world. Offering preventive, emergency and recovery programs, MusiCares is a safety net supporting the health and welfare of the music community. Founded by the Recording Academy in 1989 as a U.S.-based 501(c)(3) charity, MusiCares safeguards the well-being of all music people through direct financial grant programs, networks of support resources, and tailored crisis relief efforts. For more information please visit: [www.musicares.org](http://www.musicares.org).

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